

TECHNICAL NOTE

Open Access

# Simultaneous DNA and RNA isolation from brain punches for epigenetics

Marc Bettscheider, Chris Murgatroyd\* and Dietmar Spengler

## Abstract

**Background:** Epigenetic modifications such as DNA methylation play an important role for gene expression and are regulated by developmental and environmental signals. DNA methylation typically occurs in a highly tissue- and cell-specific manner. This raises a severe challenge when studying discrete, small regions of the brain where cellular heterogeneity is high and tissue quantity limited. Because gene expression and methylation are often tightly linked it appears of interest to compare both parameters in the same sample.

**Findings:** We present a refined method for the simultaneous extraction of DNA for bisulfite sequencing and RNA for expression analysis from small mouse brain tissue punches. This method can also be easily adapted for other small tissues or cell populations.

**Conclusions:** The method described herein results in DNA and RNA of a quantity and quality permitting highly reliable bisulfite analysis and quantitative RT-PCR measurements, respectively.

## Background

The spatio-temporal expression of a gene is defined by DNA sequence (*per se*) and the manner by which it is marked through epigenetic mechanisms including DNA methylation and chromatin modification. In eukaryotes DNA methylation typically comprises the covalent addition of a methyl group at the 5-position of cytosines that are followed by guanines, i.e. CpG dinucleotides. Functionally, DNA methylation frequently confers gene silencing.

CpG methylation of genomic DNA is routinely analyzed by the treatment of DNA with sodium bisulfite, followed by PCR amplification and sequencing [1]. While bisulfite readily deaminates cytosine residues to uracils, which are then converted to thymines during DNA amplification by PCR, 5-methylcytosine resists this modification. Many methods based on this principle have been developed including direct sequencing, pyrosequencing, methylation-specific PCR (MSP), combined bisulfite restriction analysis (COBRA), methylation-sensitive single nucleotide primer extension (MS-SNuPE) and microarray-based methods (for review see [2]).

Bisulfite analysis depends on high quantity and quality of DNA as the bisulfite conversion procedure itself requires long incubation times, elevated temperature, and high bisulfite concentration; all of which are highly detrimental to DNA [3]. Furthermore, to investigate the functional interrelationship between DNA methylation and RNA expression both should be determined within the same sample. In this respect, the analysis of expression data and DNA methylation from two separate cohorts of animals may introduce a bias, unless at least double the numbers of animals are included in each cohort. Similarly, the surgical splitting of tissues containing different cell types can confound the analysis as DNA methylation is highly tissue- and even cell-type specific. Finally, tissue punches of usually around 0.8 mm from distinct areas of the brain, are generally rather limiting.

Though a number of different methods have been developed for simultaneous extraction of DNA and RNA, a technique addressing efficient isolation from small tissue samples has not been reported so far. While TRIzol can be used for the simultaneous extraction of DNA and RNA, in addition to proteins [4], we note that the quality of DNA produced from small tissues was not high enough for bisulfite analysis. Furthermore, we find that commercially available kits for RNA/DNA

\* Correspondence: murgatroyd@mpipsykl.mpg.de  
Department of Molecular Neuroendocrinology, Max-Planck-Institute of Psychiatry, Kraepelinstr. 2-10, 80804 Munich, Germany

isolation, relying on spin-column purification [5], do not yield a high enough DNA quantity from small tissues to permit reliable bisulfite analysis (data not shown).

We have therefore adapted a derivative of the guanidinium thiocyanate-phenol-chloroform extraction method, originally devised by Piotr Chomczynski and Nicoletta Sacchi for the extraction of RNA [6]. While variants of a guanidinium thiocyanate-based (GTC) buffer have been used for RNA (for review see [7]), various forms of a guanidinium thiocyanate-based buffer have also proved efficient for the purification of DNA [8-12] and can be further modified for the simultaneous extraction of RNA and DNA in cancer tissues [13] and whole fish embryos [14]. Here we describe our experience in extracting both DNA and RNA from punched brain tissue and present an alternative for obtaining both DNA and RNA from the same cells for genome and transcriptome profiling. In addition, we characterized tissue specimens and cell quantities needed for this method.

## Materials and Methods

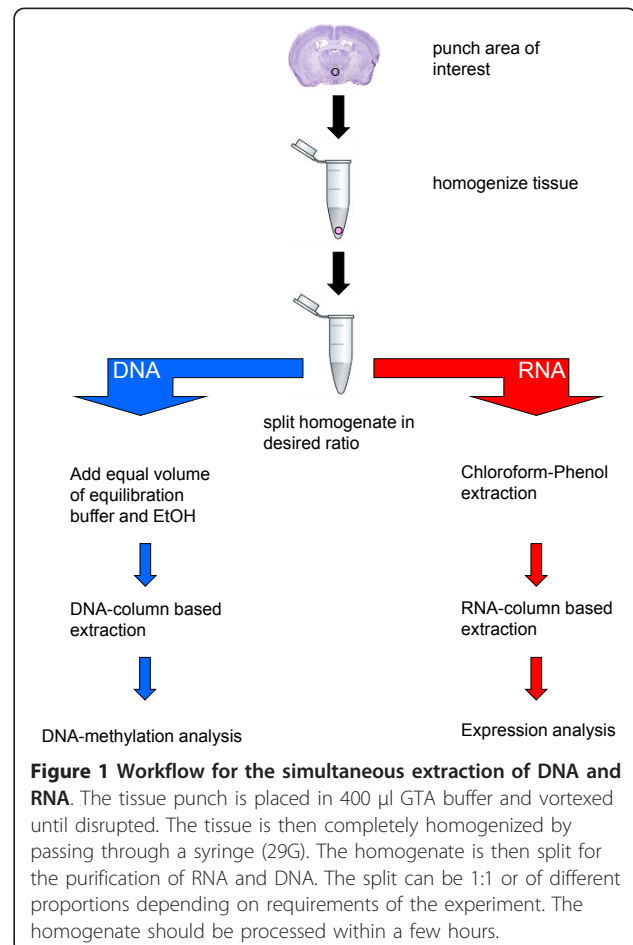
Tissue punches with 0.8 mm in diameter were taken from various brain regions including cortex, paraventricular nucleus (PVN) and dentate gyrus of C57/BL6 mice (Charles River) and were frozen at -80°C until nucleotide extraction. In addition smaller tissue punches of 0.3 mm diameter were taken from the cortex. To assess the sensitivity of the assay different numbers of Neuro2a (ATCC number CCL-131) cells were pelleted and subjected to the same isolation protocol. Initially we compared commonly used isolation methods to the simultaneous isolation of DNA and RNA from a single punch. Cortex punches (0,8 mm) were subjected to various DNA (Qiagen DNeasy Blood & Tissue Kit; CTAB method [15]; SDS/Proteinase K [16]; Genra Puregene Tissue Kit) and RNA (Macherey Nagel NucleoSpin® RNA II; TRIzol® Reagent; Chomczynski protocol [7]) extraction protocols (Table 1).

RNA/DNA yield, A260/280 and 260/230 ratios for the extracted samples were analyzed with an Implen Nanophotometer.

For simultaneous extraction, tissue punches were homogenized using a pipette and vortexer in 400 µl of guanidinium thiocyanate (GTC) buffer (4.5 M guanidinium thiocyanate, 2% N-lauroylsarcosine, 50 mM EDTA pH 8, 25 mM Tris-HCl pH 7.5, 0.1 M beta-mercaptoethanol, 0.2% antifoam A) at room temperature and further passed several times through a hypodermic syringe (29G) (Figure 1). The guanidinium thiocyanate, along with the 2-mercaptoethanol and sarcosine, denatures proteins, including DNases and RNases. The lysate is then split into two equal parts and processed separately for RNA and DNA. Note that it is possible to divide the sample unequally depending on the demand

**Table 1 Yield and purity of DNA and RNA preparations from 0,8 mm cortex punches using commonly employed protocols, commercially available kits and the presented simultaneous DNA/RNA extraction method**

Method DNA		Total yield [ng]	260/280	260/230
(n = 6)	Qiagen Dneasy	360 ± 96	1,8	1,35
	CTAB	520 ± 87	1,8	1,5
	SDS/Prot K	850 ± 195	2	1,4
	Genra Puregene	360 ± 96	2	1,5
	Method RNA			
(n = 6)	MN Nucleospin II	366 ± 75	2,1	0,2
	Trizol	690 ± 262	1,7	0,6
	Chomczynski	838 ± 321	1,9	1,4
Simultaneous DNA/RNA				
	(n = 9)			
	DNA	765 ± 163	1,9	1,3
	RNA	330 ± 54	1,9	1,2



**Table 2 Yields of simultaneously isolated RNA and DNA from brain tissue punches (0,8 mm) of different brain regions and whole pituitary**

Tissue	Total DNA yield [ng]	A260/280	260/230	Total RNA yield [ng]	A260/280	260/230
PVN (n = 10)	980	1,9	1,3	510	1,7	1
DG (n = 39)	1165	1,9	1,2	275	1,9	1,1
Cortex (n = 9)	675	1,9	1,4	330	1,9	1,2
Pituitary (n = 29)	11400	1,9	1,9	1425	1,78	1,8

for higher yields of either RNA or DNA. Given that RNA is far less stable than DNA, we suggest processing the RNA first while the DNA can be left for some hours at room temperature.

Briefly, for purification of RNA one half of the lysate is added to 1/10 volume of NaOAc, 1 volume acidic phenol and 1/2 volume of chloroform:isoamyl. The mixture is incubated on ice for 10 min, centrifuged for 20 min at 13,000 rpm at 4°C. The aqueous phase is transferred to a new tube and mixed with 70% EtOH to precipitate the RNA. The precipitate is then transferred to an RNA spin column (Macherey Nagel) and further processed according to the manufacturer's protocol including an on-column DNase-digestion. We found little difference in RNA quality or quantity between a number of commercially available spin columns (data not shown). Tissue punches as small as 0.8 mm diameter and 2,000 Neuro2a cells gave sufficient yield and quality of RNA (Table 2 and 3) to allow for RT-PCR analysis. However, yields of RNA from 0.3 mm punches were more variable suggesting that tissue quantity becomes a limiting factor.

For purification of the DNA the other half of the lysate is equilibrated with equal volumes of Buffer AL and 100% EtOH and loaded on a Spin Column (Qiagen, DNeasy Blood and Tissue Kit). After subsequent washing steps according to the manufacturer's protocol the DNA is eluted with 70°C warm Buffer AE after a 10 min pre-incubation at 70°C. All tissue punches yielded enough DNA (Table 2) for sodium bisulfite treatment using 100 ng of DNA with the Epitect bisulfite kit

(Qiagen). Starting material of less than 5,000 Neuro2a cells did not yielded satisfactory quantities of DNA (Table 3).

### Results and Discussion

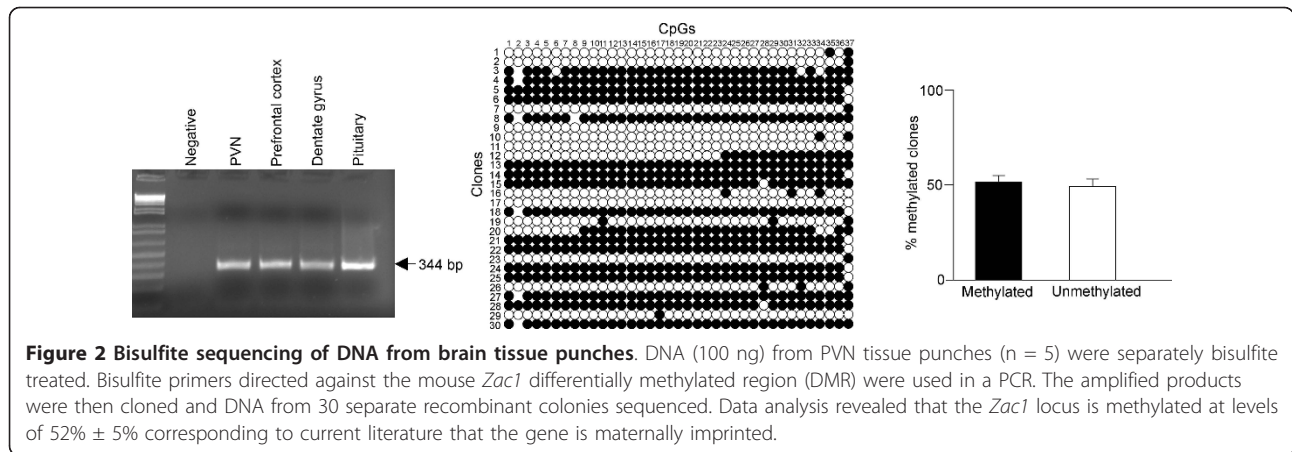
DNA and RNA yields and absorbance rates for all methods studied are listed in Table 1. The most efficient method for brain tissue punches among the different DNA extraction protocols is the SDS/Proteinase K method with a total yield of 850 ng per punch followed by the CTAB method (550 ng) and the DNeasy and Puregene isolation Kits (both 360 ng). All methods resulted in A260/280 values between 1,8 and 2,0 indicating only minor protein contamination. For the tested RNA methods, the Chomczynski protocol yielded the highest amount of RNA per punch (838 ng) with an A260/280 ratio of 1,9, indicating rather pure RNA. The Trizol method resulted in slightly less RNA (690 ng) and low A260/280 values of 1,7 indicating some protein contamination. The MN Nucleospin columns gave the least amount of RNA (366 ng).

The newly developed simultaneous DNA and RNA extraction had the highest DNA recovery with 765 ng per punch considering that just half a punch is subjected to extraction. The RNA yield from the simultaneous extraction is comparable to the Trizol method, but with a higher purity as indicated by the A260/280 ratio of 1,9.

Low yields of DNA and RNA led to reduced 260/230 ratios for all methods tested, however, increasing the starting material improved this parameter (Table 3).

**Table 3 Yields of simultaneously isolated RNA and DNA from decreasing numbers of Neuro2a cells**

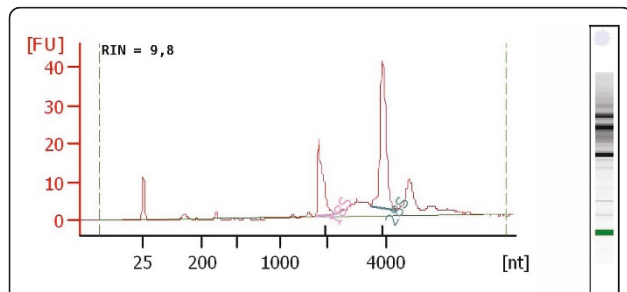
Cell number (n = 3)	Total DNA yield [µg]	A260/280	A260/230	Total RNA yield [µg]	A260/280	A260/230
500 000	31 ± 1	2	2	12,7 ± 0,4	2	1,9
200 000	13 ± 0,8	2	2,1	5,4 ± 0,13	2	2
100 000	6,7 ± 0,6	2	2,1	2,8 ± 0,05	2	1,8
50 000	3,3 ± 0,25	2	1,4	1,44 ± 0,14	1,9	1,4
20 000	1,5 ± 0,07	1,9	1,5	0,59 ± 0,05	1,9	1,1
10 000	0,81 ± 0,07	2	1,1	0,41 ± 0,02	1,8	0,9
5 000	0,46 ± 0,06	1,9	0,9	0,29 ± 0,03	1,6	0,7
2 000	0,2 ± 0,05	1,9	0,6	0,25 ± 0,013	1,8	0,5



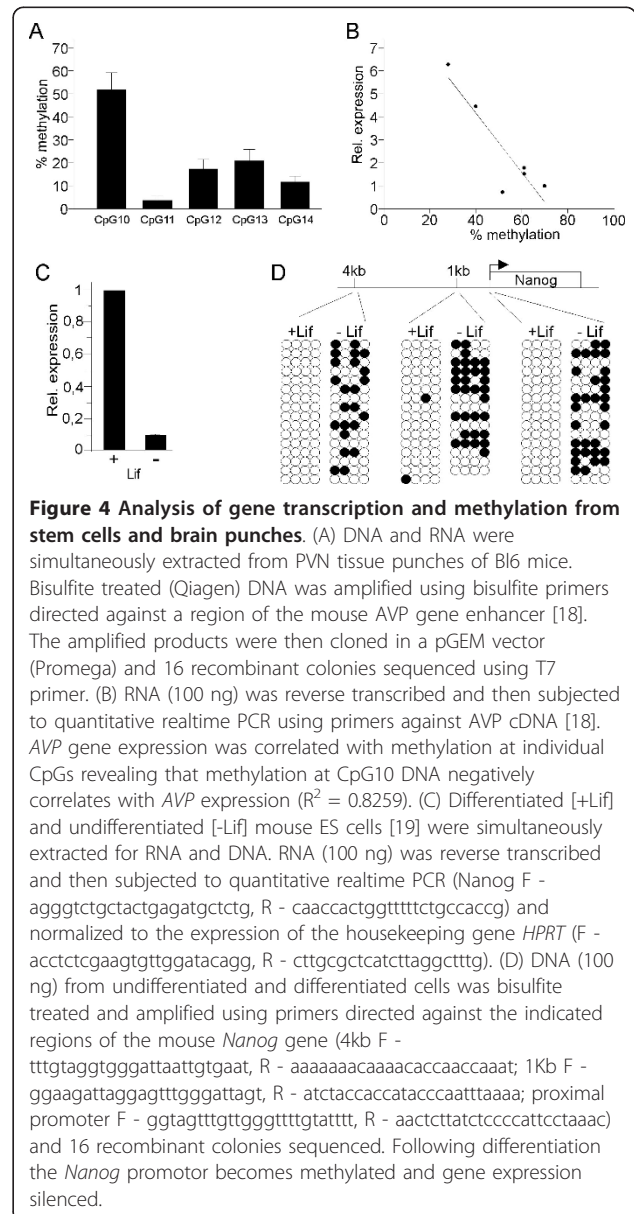
Importantly, downstream applications such as PCR, RT-PCR, bisulfite treatment and subsequent bisulfite PCR are not compromised by lower 260/230 values, as shown below. Nevertheless, other downstream applications should be tested prior to sample processing.

The suitability of the extracted DNA for bisulfite analysis was investigated by using primers (F, ggtattagggttaggtttt; R, tctccaactcactcctca) corresponding to the imprinted *Zac1* gene [17]. The promoter of the maternally imprinted *Zac1* gene is DNA methylated on only the maternal derived allele; therefore bisulfite sequencing should yield ratios of 50% methylation at each CpG in the promoter if the extracted DNA is of a sufficient quality and quantity. Indeed, we detected that DNA from PVN tissues gave an average of 52% ± 5% (Figure 2) supporting that DNA isolated from relatively small brain punches allow for robust DNA methylation analysis.

The quality of the extracted RNA was further examined using the Agilent Bioanalyzer 2100 resulting in RIN scores ranging from 8-10 (Figure 3) indicating undegraded RNA of high quality. The RNA could be further reverse transcribed (Superscript II, Invitrogen)



**Figure 3 Quality of RNA extracted from brain tissue punches.** Representative Bioanalyzer 2100 electropherogram of extracted RNA. Quality and integrity of the RNA was measured using the Agilent Bioanalyzer 2100 yielding RIN scores ranging from 8-10.



and produced reliable products with a number of house-keeping and tissue specific genes.

The DNA and RNA extracted from this procedure was also tested for simultaneous bisulfite sequencing and quantitative real time RT-PCR experiments. As a proof of principle we investigated 7 PVN samples for *Arginine Vasopressin (AVP)* expression and DNA methylation and confirmed negative correlations (Figure 4A,B) as previously described [18]. Moreover, using this method we have been able to study DNA methylation and gene expression during differentiation of embryonic stem cells. We find that differentiation of mouse ES cells [19] leads to silencing of the pluripotency marker gene, *Nanog*, and this correlates with methylation of promoter regions, important in *Nanog* regulation [20] (Figure 4C,D).

In summary, we have refined and verified a streamlined protocol for the isolation of high qualities and quantities of DNA and RNA from small tissues for the study of DNA methylation and mRNA expression. Such a procedure will facilitate the analysis of the role of DNA methylation on gene expression through direct correlation analysis.

#### Acknowledgements

This work was funded by the European Union (CRESCENDO - EU Contract No. LSHM-CT-2005-018652 to O.F.X. Almeida and D. Spengler).

#### Authors' contributions

MB and CM performed the experiments. All authors contributed to the conception, design, analysis, interpretation of the data and drafting of the manuscript.

#### Competing interests

The authors declare that they have no competing interests.

Received: 25 March 2011 Accepted: 30 August 2011

Published: 30 August 2011

#### References

1. Clark SJ, Harrison J, Paul CL, Frommer M: High sensitivity mapping of methylated cytosines. *Nucleic Acids Res* 1994, **22**:2990-7.
2. Laird PW: Principles and challenges of genome-wide DNA methylation analysis. *Nat Rev Genet* 2010, **11**:191-203.
3. Grunau C, Clark SJ, Rosenthal A: Bisulfite genomic sequencing: systematic investigation of critical experimental parameters. *Nucleic Acids Res* 2001, **29**:65.
4. Chey S, Claus C, Liebert UG: Improved method for simultaneous isolation of proteins and nucleic acids. *Anal Biochem* 2010, **411**:164-6.
5. Xu C, Houck JR, Fan W, Wang P, Chen Y, Upton M, Futran ND, Schwartz SM, Zhao LP, Chen C, Mendez E: Simultaneous isolation of DNA and RNA from the same cell population obtained by laser capture microdissection for genome and transcriptome profiling. *J Mol Diagn* 2008, **10**:129-34.
6. Chomczynski P, Sacchi N: Single-step method of RNA isolation by acid guanidinium thiocyanate-phenol-chloroform extraction. *Anal Biochem* 1987, **162**:156-9.
7. Chomczynski P, Sacchi N: The single-step method of RNA isolation by acid guanidinium thiocyanate-phenol-chloroform extraction: twenty-something years on. *Nat Protoc* 2006, **1**:581-5.

8. Lipkke JA, Strzempko MN, Raia FF, Simon SL, French CK: Isolation of intact high-molecular-weight DNA by using guanidine isothiocyanate. *Appl Environ Microbiol* 1987, **53**:2588-9.
9. Wright TL, Mamish D, Combs C, Kim M, Donegan E, Ferrell L, Lake J, Roberts J, Ascher NL: Hepatitis B virus and apparent fulminant non-A, non-B hepatitis. *Lancet* 1992, **339**:952-5.
10. de Tomaso AW, Weissman IL: Construction and characterization of large-insert genomic libraries (BAC and fosmid) from the Ascidian *Botryllus schlosseri* and initial physical mapping of a histocompatibility locus. *Mar Biotechnol (NY)* 2003, **5**:103-15.
11. Kotlowski R, Martin A, Ablordey A, Chemlal K, Fonteyne PA, Portaels F: One-tube cell lysis and DNA extraction procedure for PCR-based detection of *Mycobacterium ulcerans* in aquatic insects, molluscs and fish. *J Med Microbiol* 2004, **53**:927-33.
12. Dyachenko V, Beck E, Pantchev N, Bauer C: Cost-effective method of DNA extraction from taeniid eggs. *Parasitol Res* 2008, **102**:811-3.
13. Coombs LM, Pigott D, Proctor A, Eydmann M, Denner J, Knowles MA: Simultaneous isolation of DNA, RNA, and antigenic protein exhibiting kinase activity from small tumor samples using guanidine isothiocyanate. *Anal Biochem* 1990, **188**:338-43.
14. Triant DA, Whitehead A: Simultaneous extraction of high-quality RNA and DNA from small tissue samples. *J Hered* 2009, **100**:246-50.
15. Winnepeninckx B, Backeljau T, De Wachter R: Extraction of high molecular weight DNA from molluscs. *Trends Genet* 1993, **9**:407.
16. Strauss WM: Preparation of genomic DNA from mammalian tissue. In *Current protocols in molecular biology, Volume 2*. Edited by: Ausubel F M, Brent R, Kingston R E, Moore D D, Seidman J G, Smith J A, Struhl K. New York: John Wiley 1998, 2.2.1-2.2.3.
17. Varrault A, Bilanges B, Mackay DJ, Basyuk E, Ehr B, Fernandez C, Robinson DO, Bockaert J, Journot L: Characterization of the methylation-sensitive promoter of the imprinted ZAC gene supports its role in transient neonatal diabetes mellitus. *J Biol Chem* 2001, **276**:18653-6.
18. Murgatroyd C, Patchev AV, Wu Y, Micale V, Bockmühl Y, Fischer D, Holsboer F, Wotjak CT, Almeida OF, Spengler D: Dynamic DNA methylation programs persistent adverse effects of early-life stress. *Nat Neurosci* 2009, **12**:1559-66.
19. Ikeda H, Osakada F, Watanabe K, Mizuseki K, Haraguchi T, Miyoshi H, Kamiya D, Honda Y, Sasai N, Yoshimura N, Takahashi M, Sasai Y: Generation of Rx+/Pax6+ neural retinal precursors from embryonic stem cells. *Proc Natl Acad Sci USA* 2005, **102**:11331-6.
20. Nettersheim D, Biermann K, Gillis AJ, Steger K, Looijenga LH, Schorle H: NANOG promoter methylation and expression correlation during normal and malignant human germ cell development. *Epigenetics* 2001, **6**:114-22.

doi:10.1186/1756-0500-4-314

Cite this article as: Bettscheider et al.: Simultaneous DNA and RNA isolation from brain punches for epigenetics. *BMC Research Notes* 2011 4:314.

Submit your next manuscript to BioMed Central and take full advantage of:

- Convenient online submission
- Thorough peer review
- No space constraints or color figure charges
- Immediate publication on acceptance
- Inclusion in PubMed, CAS, Scopus and Google Scholar
- Research which is freely available for redistribution

Submit your manuscript at  
www.biomedcentral.com/submit

