

ERRATUM

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# Erratum to: A feasibility study of the clinical effectiveness and cost-effectiveness of individual cognitive behavioral therapy for panic disorder in a Japanese clinical setting: an uncontrolled pilot study

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## Erratum to: *BMC Res Notes* (2016) 9:458 DOI 10.1186/s13104-016-2262-5

After publication of the original article [1], it came to the authors' attention that there were typing errors in the data presented in Tables 2 and 4. The values in the EQ-5D index column for both tables were mistyped, and the correct versions (Tables 2 and 4) of both tables are published in this erratum.

In addition, there were errors in the EQ-5D and QALYs sub-section of the Results.

In the second paragraph, the following sentence has been amended to change the post-CBT value from 0.199 to 0.189: "The mean changes in the EQ-5D index from baseline were 0.143 at mid-CBT and 0.189 at post-CBT"

In the same paragraph, the final sentence has been amended to correct the change in QALYs from 0.178 to 0.167: "Under the best conditions—namely, that EQ-5D maintained a high level at 12 months—the change in QALYs from baseline was estimated as 0.167 QALYs. Therefore, between 0.102 and 0.167 QALYs were gained per 1 year."

Finally, in the last paragraph of the sub-section, the JPY and US\$ values have been corrected: "Using these values to convert the change in QALYs per 1 year into WTP values, we obtained values of JPY 510,000–835,000 (Japan) and US\$ 6320–10,350 (United States). Because we provided patients 16 sessions of CBT, we estimated that patients would spend JPY 31,800–52,100 (Japan) and US\$ 395–647 (US) per one session (50 min) of CBT"

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**Table 2 Outcome measures at each assessment point**

	PDSS		PAS		PHQ-9		GAD-7		BFNE		EQ-5D index	
	Mean	SD	Mean	SD	Mean	SD	Mean	SD	Mean	SD	Mean	SD
Pre-CBT	12.1	4.0	23.5	5.8	8.0	3.2	8.7	5.1	42.7	12.4	0.665	0.2
Mid-CBT	7.5	3.3	15.3	3.6	5.4	2.5	5.1	3.6	34.3	12.1	0.807	0.2
Post-CBT	5.5	3.5	11.6	5.7	5.2	3.1	4.5	3.3	31.7	12.6	0.854	0.1
Pre-post CBT <sup>a</sup>	-6.6	4.3***	-11.9	6.6***	-2.8	3.6**	-4.2	3.6**	-10.9	9.2 (ns)	0.189	0.20**
Effect size	1.77		2.06		0.89		0.97		0.87		0.88	

PDSS Panic Disorder Severity Scale, PAS Panic and Agoraphobia Scale, BFNE Brief Fear of Negative Evaluation Scale, PHQ-9 9-item patient health questionnaire, GAD-7 7-item generalized anxiety disorder scale

\*\*\*  $p < 0.001$ , \*\*  $p < 0.01$

<sup>a</sup> Mean changes from pre- to post-CBT time points

**Table 4 EQ-5D dimensions at each assessment point**

	Mobility		Self-care		Usual activities		Pain/discomfort		Anxiety/depression		EQ-5D	
	Mean	SD	Mean	SD	Mean	SD	Mean	SD	Mean	SD	Mean	SD
Pre-CBT	1.2	0.6	1.1	0.3	1.7	0.6	1.9	0.7	1.9	0.7	0.665	0.2
Mid-CBT	1.3	0.5	1.0	0.0	1.3	0.5	1.5	0.5	1.3	0.5	0.807	0.2
Post-CBT	1.0	0.0	1.0	0.0	1.1	0.4	1.3	0.5	1.5	0.5	0.854	0.1
Pre-post CBT <sup>a</sup>	0.2		0.1		0.6	**	0.6	*	0.5	*	0.189	**
ES	0.47		0.00		1.18		0.99		0.66		0.88	

\*\*  $p < 0.01$ , \*  $p < 0.05$

<sup>a</sup> Significantly different between pre- and post-CBT periods

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